

NEW FOR
2023/24

Hello from SIPS Catering!

For anyone that doesn't know us, we're part of the SIPS Education family - a not-for-profit organisation based in West Bromwich. SIPS provides a range of services to schools, and we're proud to be the caterer of choice for your child's school. We're education catering specialists and work in partnership with lots of schools in the local area.



Something For Everyone

Welcome to our new menu! We had some great feedback about our last one, so we've built the new menu to include some favourite dishes and have created plenty of exciting and innovative ones.

We're always thinking about the ingredients in our meals, and our recipes are designed to be inclusive and suitable for children with a range of tastes and requirements.

- 👍 Variety of Plant-based Foods
- 👍 More 'Free From' dishes, including our new No-Egg Cakes & Desserts
- 👍 Fewer Allergens to Increase Choice
- 👍 Supporting Faith & Lifestyle Diet Types
- 👍 Buying Sustainably & Reducing Waste

There is such a thing as a FREE SCHOOL LUNCH

School meals for Reception, Years 1 & 2 are **FREE** regardless of circumstances.

They are worth over £450 per child, each year.* Older children in Years 3 - 6 may still be entitled to free school meals.

WHY NOT APPLY TO FIND OUT?

TO APPLY FOR FREE SCHOOL MEALS PLEASE VISIT:

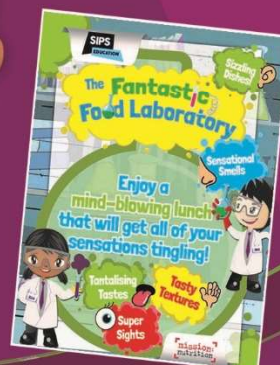
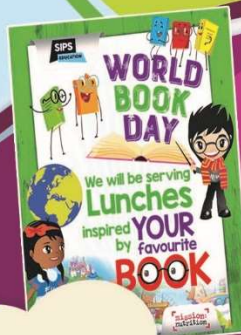
www.gov.uk/apply-free-school-meals



Food THEME DAYS add fun and inspire children to try a school meal!

Check out our exciting theme days!

Here are some you can look forward to.



Week 1

Week 2

Week 3

Monday

Chicken Quesadilla(N),
Sweetcorn, Green Beans or SaladFishless Fingers(vg), Sweetcorn,
Green Beans or SaladBaked Apple Sponge(N) &
Custard
Muller YoghurtQuorn Southern Style Burger (v),
Savoury Rice, Green Beans or
SaladPepperoni Pizza Pasta Bake(N),
Green Beans or SaladArctic Roll
Chocolate MousseFish Fingers, Mashed Potatoes,
Peas, CarrotsMac 'n' Cheese(v)(N), Herby
Bread, Peas, Carrots or SaladChocolate & Cherry Muffin(N)
Muller yoghurt

Tuesday

Chicken Meatballs & Gravy, Mashed
Potato, Broccoli, Vegetable Medley
Vegan Meatballs(vg) & Gravy,
Mashed Potato, Broccoli, Vegetable
Medley

Brownie Bites & Mandarin Oranges

Vanilla Ice Cream

Roast Chicken & Gravy, Roast
Potatoes, Broccoli, CarrotsDahl(vg) (N) Bombay Potatoes,
Naan Bread or SaadOaty Apple Crumble & Custard
Frozen Strawberry YoghurtChicken Curry, Brown & White
Rice, Naan Bread or SaladVegetable Curry(v) Brown &
White Rice, Naan Bread or SaladLemon Slice(N) & Custard
Fruit Jelly

Wednesday

Brunch Lunch (Sausage, Bacon,
Beans, Omelette, Hash Brown)Veggie Brunch(v) (Veggie
Sausage, Beans, Omelette, Hash
Brown)Chocolate Crispies(N)
Fruit JellyChilli & Cheese Loaded
Wedges(N), Peas, Sweetcorn or
SaladSticky Sausage Loaded Wedges
(N)(v), Peas, Sweetcorn or SaladChocolate Cookie(N)
Muller YoghurtPork Sausage, Jacket Wedges,
Spaghetti Hoops or SweetcornVegetarian Sausage(vg), Jacket
Wedges, Spaghetti Hoops or
SweetcornApple Flapjack & Custard
Vanilla Ice Cream Tub

Thursday

Cajun Chicken with Pineapple
Salsa(N), Pasta, Sweetcorn or
Assorted SaladMargherita Pizza(v), Pasta,
Sweetcorn or Assorted SaladOat & Raisin Cookie
Muller YoghurtPepperoni Pizza(N) or Loaded
Pizza(v), Sauté Potatoes or
Assorted Salad

Jacket Potato with Tuna mayo

Fruit Muffin(vg)(N)
Fruit JellyBeef Bolognese with Pasta & Garlic
Bread or SaladMargherita Pizza(v), Pasta,
Coleslaw or Assorted SaladSprinkle Tray Bake & Custard
Very Berry Mousse(N)

Friday

Fish Fingers, Chips, Peas, or Salad

Quorn Vegan Nuggets(vg), Chips,
Peas or SaladCornflake Tart & Custard
Strawberry MousseHarry Ramsden Battered Pollock,
Chips & Baked BeansCountry Bake(vg), Chips, Baked
BeansIced Shortbread Biscuit
Muller YoghurtHarry Ramsden's Junior Pollock,
Chips, Mushy Peas or SaladSavoury Pastry Roll(v), Chips,
Mushy Peas or SaladMelting Moment
Muller Yoghurt

Dates:

2023: 05/06. 26/06. 17/07. 04/09.
25/09. 16/10. 13/11. 04/12.

2024: 08/01. 29/01. 26/02. 18/03

2023: 12/06. 03/07. 24/07. 11/09.
02/10. 23/10. 20/11. 11/12.

2024: 15/01. 05/02. 04/03

2023: 19/06. 10/07. 18/09. 09/10.
27/11. 18/12.

2024: 22/01. 19/02. 11/03

Dishes may change without prior notice. This is a generic menu and may differ to the menu bespoke to your school, check your school's website for full details.

N New V Vegetarian VG Vegan

Fruit and
water
served
daily