



Moorlands Primary School

Winchester Road,
West Bromwich.
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15th July 2022

Dear Parents and Carers,

RE: Extreme Heat 18th, 19th July

It is expected that on Monday and Tuesday of next week the temperatures can be as high as 36C in West Bromwich/Wedensbury area

In School:

- Children can wear shorts as long as they are not too short
- Opportunity to drink plenty of water
- All classrooms have ventilation and air conditioning so they are cool
- Children will be unable to go outside during breaks to the timing of the high temperatures.
- Please send children with sun hats and sun lotion
- There will be no P.E on these days

Advice from the NHS:

With temperatures likely to reach the highest ever recorded in Britain, please look after those most vulnerable in your lives. Children, the elderly and those with long term health conditions may need help keeping cool and hydrated in hot weather.

Help them avoid heat related illness by:

- checking they stay hydrated with plenty of fluids
- helping to provide a cool living space
- encouraging them to avoid strenuous or extreme activities
- keeping them out of the sun at peak times
- providing a sunhat, sunglasses and applying plenty of sun-cream when outside

If you or someone else feels unwell with a high temperature during hot weather, it may be heat exhaustion or heatstroke. [Find out about the signs of heat exhaustion and heatstroke, and when to get help](#)

Stay #WeatherAware #BeatTheHeat

Regards

Mrs K. Roberts

Head teacher

