



Moorlands Primary School *at home* – 25/03/20

Anything is Possible!



PE: 9am-9:30am
<https://www.youtube.com/user/thebodycoach1>
 Live session with Joe Wicks

Reading/English - 9:45 – 10:45

Maths: 11:15-12:15
<https://whiterosemaths.com/homelearning/>

Explanation texts.
 Read the information given about lifecycles – see attached documents. Can you create your own life cycle of a frog? Use attached resources or create your own design.
 See resources.

Afternoon suggestions

Sketch an outdoor scene e.g. your garden, the view from your window, a sketch of a minibeast habitat that you have found.



You are invited to send a photo of your sketch or model for our school website. Please give permission for it being uploaded when emailing it in.

Afternoon suggestions

Make a model of a minibeast e.g. using junk materials, found materials in your garden e.g. leaves and sticks. Lego, plasticine or Play Doh.

Play a board game or a card game.

Go on a minibeast hunt – see attached resources.

Choose an activity from the 100 things to do indoors.



Afternoon suggestions

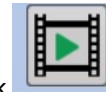
Mathletics


TT Rockstars

Online platforms:

See Purple Mash 2Count task. Click **Tools** then **2Count**. Your task is to create a pictogram. Launch 2Count. Click on the **car pictures** and select '**Plants**' or '**Minibeasts**'. Choose 6 plants or minibeasts you would like to search for.

In your garden go on a hunt and record how many you see. Create a pictogram in 2Count to show this by clicking + or -. See below for what this might look like.



To get more help, click  in the top right corner. If you want an extra challenge, instead of choosing a clipart picture, you can draw your own symbol by clicking the paint button.

The screenshot shows the Purple Mash 2Count interface. At the top, there is a 'Clipart picker' window with a search bar and a grid of minibeast images including a fly, bee, beetle, butterfly, caterpillar, dragonfly, damselfly, spider, grasshopper, and ladybug. Below the clipart picker is a toolbar with 'Camera', 'Choose file', and 'Paint' buttons. The main interface has a navigation bar with 'Home', '2Data', 'Work', 'Date', 'Sharing', 'Teachers', 'Admin', and 'Help'. Below this is a grid of activity icons for English and Maths and Data Handling. At the bottom, there is a 'Spring Hunt' pictogram grid. The grid has 7 rows and 6 columns. The first column has 7 fly icons. The second column has 2 bee icons. The third column has 2 butterfly icons. The fourth column has 5 spider icons. The fifth column has 7 yellow flower icons. The sixth column has 4 ladybug icons.

Evening Reading time.

Get comfy with your favourite book. Read to an adult.

Emotions 1

This KS2 PSHE quiz will help you understand when some emotions will be felt by yourself or others as well as teaching you the definitions of some words you can use to describe your emotions.

Emotions are the names given to our feelings. They describe the way we feel at different times and enable us to process the situation we are in and how we are responding to it. Our emotions can change quickly from one moment to the next and sometimes certain emotions can last a long time. Some emotions are nice to feel and some are harder to deal with but all emotions are important and it is okay to talk about our emotions with others. There are 6 main categories that emotions can be divided into: happiness, anger, fear, sadness, disgust and surprise, with numerous words being used to describe different degrees of each emotion. It is important that you can start to identify which emotions you are feeling and why - as well being able to tell what emotions are being felt by those around you so that you can respond in an appropriate way.

1.If you broke your teacher's favourite cup, what emotion might YOU feel?

- Guilt
- Happiness
- Excitement
- Depression

2.What emotion would the teacher feel?

- Guilt
- Excitement
- Love
- Sadness

3.What emotion might you feel just before you tell the teacher what happened?

- Love
- Nervousness
- Excitement
- Surprise

4.Which of these is not an emotion?

- Love
- Hate
- Breathlessness
- Happiness

5. When might you experience frustration?

When you are looking forward to something
When you can't get something to work the way you intended
When you learn a new skill quicker than expected
When you win a prize

6. If you don't do well on a test, which emotion might you experience?

Nervousness
Grief
Relief
Disappointment

7. When might someone feel anxious?

When they are concerned about something
When they see someone they love
When they are full
When they are looking forward to something

8. What emotions are you feeling at the moment? You can think about this yourself or, if you prefer, talk to someone.



100 Things to do indoors

www.spreadthehappiness.co.uk



1. Make non-cook playdough, then have a Dough Disco
2. Paint 'our families' portrait
3. Write and make a book
4. Draw flowers or the fruit bowl
5. Learn some laughter yoga www.roberttrivest.com
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Have a dance alarm every 30 minutes
10. Have a karaoke
11. Send a video message to family and friends to get them busy
12. Have a birthday party for a pet or cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and share it together
15. Order books alphabetically
16. Have an indoor treasure hunt
17. Dress up in adult shoes
18. Find a fairy door in your house or garden
19. Do the Hokey Cokey
20. Take a selfie through a toilet roll tube and pretend you are on the moon



21. Make cards for everyone at home
22. Get some sheets to flap and pretend they are the waves and jump in
23. Make cakes
24. Get material or cardboard and make mermaid or merman's tails
25. Get all the chairs together and make a bus, play conductors and drivers
26. Make a camp in your bed
27. Make a dark den and use a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Make wool or string hair over a chair
31. Have a pamper day
32. Have a scrunched up paper fight (from recycling)
33. Make ice lollies with cordial and water
34. Make sandwiches in strange shapes
35. Make a pretend car from boxes/furniture
36. Learn a rhyme or poem
37. Make paper aeroplanes
38. Have a pirate adventure, make boats from boxes or furniture
39. Blow bubbles and catch them
40. Make a number frieze for the wall, decorate



41. Read Pirate George series available on Kindle
42. Make a papier mache sculpture over a balloon
43. Keep a balloon up in the air game
44. Play a board game
45. Play hide and seek
46. Play dominoes
47. Learn a card game
48. Make smoothies
49. Perform a puppet show
50. Make shadow puppets
51. Make finger/sock puppets
52. Choreograph a dance or learn a dance routine
53. Have an upside down meals day, lunch for breakfast etc.
54. Learn a sing-along for Spread the Happiness TV
55. Learn to cook something new
56. Learn Brilliant Beast Song on Spread the Happiness TV YouTube Channel
57. Leave happy notes all around the house
58. Make a fitness routine and put your family through their paces
59. Using vegetables, make characters
60. Dance and sing to Knees up Mather Brown



61. Play I spy
62. Open your windows and sing out a song
63. Learn Days of the Week Song
64. Play musical statues
65. Learn a Beatles song
66. Learn a Queen song
67. Make an indoor restaurant and serve your family
68. Have a toy's tea party
69. Roll balls down the stairs
70. Be superheroes with capes
71. Eat cereal with a gigantic spoon
72. Have an ice cream party
73. Enter an online competition to win a prize
74. Vacuum your home
75. Polish your home
76. Fold up sheets
77. Use a sheet as a parachute to fluff up and hide under and play parachute games
78. Make binoculars with toilet rolls and look out the window at the birds
79. Make yoghurt pot telephones
80. Make a junk model rocket as large as you can



81. Create a comedy show
82. Pretend to conduct an orchestra to music
83. Hike up your stairs like it is a mountain, so so high
84. Roll around a large space in your home
85. Hop around like a bunny
86. Learn to play sleeping bunnies
87. Learn and act out 5 Little Monkeys
88. Find as many collections of 10 things in your home as you can
89. Dance in the shower
90. Sing in the shower
91. Squirt shaving foam in your hands
92. Make a scrap book of your favourite things, people
93. Play Jack in the Box in a large cardboard box
94. Have a themed party
95. Stay up late to look at the stars with a night time picnic
96. Play apple bobbing
97. Jump on the bed
98. Bash a pinata
99. Do coin rubbing with paper and crayons
100. Play pass the parcel



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