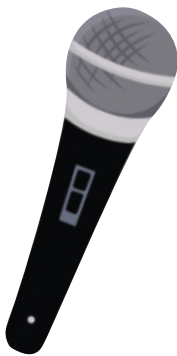


# 'Lock Down Write Up'

## Poetry & Creative

### Writing Pack





## Where do ideas come from??



When writing it's important to value your own thoughts and feelings but sometimes we can still get stuck for ideas! Here are some ideas to help:

- List things you've done or observed during your time in lock down, even the boring things like brushing your teeth!
- List what things have you found: different, new, old, fun, scary, weird and why?
- What things you are looking forward to doing in the near future?
- What have missed most during lock down?
- What have you enjoyed most?
- Who have you been listening or speaking to and how? Have you been Face Timing? Texting? Phone calls? What have the conversations been about?
- Keep a journal of your thoughts, feelings and experiences on paper, laptop or phone
- Find extra words on [thesaurus.com](https://www.thesaurus.com) (the more you have the easier it is to think of ideas)
- Find rhyming words on [rhymezone.com](https://www.rhymezone.com)
- Take photos or keep a video journal, these will help inspire ideas to write about!
- Borrow ideas and be inspired by other people, but make them better in your own way!

**Watch Kurly's quick tutorial video.**

Click here: <https://youtu.be/ErkWDEqrIQY>

Or Scan the QR code below



# ACROSTIC POEMS

Create a poem about Isolation. Each line starts with a word beginning with the letters below. Can write one word per line eg. Inside, Solitude, Observing, Lockdown, Alone, Time, In Our Nation or the start of sentences eg. In this experience of Solitude we, Open our minds and, Look for things to do like, Art and games, Though we know It's also important to support key workers like in Our NHS

I . . . . .

S . . . . .

O . . . . .

L . . . . .

A . . . . .

T . . . . .

I . . . . .

O . . . . .

N . . . . .

# ACROSTICS POEM



**F** . . . . .

**A** . . . . .

**M** . . . . .

**I** . . . . .

**L** . . . . .

**Y** . . . . .

**T** . . . . .

**I** . . . . .

**M** . . . . .

**E** . . . . .

# ACROSTICS POEM



**R** . . . . .

**A** . . . . .

**I** . . . . .

**N** . . . . .

**B** . . . . .

**O** . . . . .

**W** . . . . .

# ACROSTICS POEM



**L** . . . . .

**O** . . . . .

**C** . . . . .

**K** . . . . .

**D** . . . . .

**O** . . . . .

**W** . . . . .

**N** . . . . .

## Here is a quick 'I Am' poem

I am Lock Down

What bothers me is seeing people upset because they can't visit or play  
with their family and friends like before

I wish for the moment we can celebrate hugs and shake hands with one  
other again

What makes me happy is knowing that people are spending time  
discovering things they enjoy like: drawing, dancing, reading, writing,  
singing and watching funny YouTube videos!

What makes me angry is the fear of not being able to mix with other  
people

I dream of a time we can all celebrate being together as one

I am an afternoon of thinking time

I am Lock Down

### Your Turn!



Pick a theme that you are going to be:

**Family Time   Isolation   Lock Down   or   Art**

Start and end your poem with 'I am....' and complete the following  
questions on the next page. Use your best acting skills to answer the  
question from the perspective of the theme you picked above.

I am...

What bothers you most?

What do you wish for?

What makes you happy?

What makes you angry?

What do you dream of?

What time of the day are you?

I am....

## 'I Am...' poem



I am .....

What bothers me most is .....  
.....

I wish for .....  
.....

I am happy when .....  
.....

What makes me angry is .....  
.....

I dream of .....  
.....

I am .....

I am .....

This poem was written by .....



# Lock Down Rhyming Poem - Prep!

## Mind map of ideas/words & rhyming words

This page helps with ideas and rhyming words to create a rhyming poem about lock down. Please add more ideas and rhyming words below...

### Isolation/imagination

confined/mind trap/map alone/phone  
segregation/education private/climb it  
retreat/street quarantine/teen  
withdraw/explore apart/heart away/stay  
exile/style

### Lock down/town

rule/cruel/fool time/crime/mine  
restrict/picked police/peace  
toilet roll/control news/views  
rainbow/window fund raise/praise  
NHS/success

The Year  
I was in  
Lock Down

### family/happily

games/names/brains TV/easy home/zone  
dinner/winner walk/talk  
together/treasure brother/cover  
sister/twister/blister draw/more. read/need  
sleep/sheep

## Rhyme Ladder

A rhyme ladder helps structure our rhyming poem. Rhyming words go in the rhyme boxes on the right hand side one above the other. See example below.

|  |           |
|--|-----------|
|  | lock down |
|  | town      |

Complete the sentences for the rhyme ladder below. Have at least 5 words in each sentence. The first two sentences are done already...

|                                                |             |
|------------------------------------------------|-------------|
| This is my poem about being in                 | lock down   |
| Where we have to stay indoors and cannot go to | town        |
|                                                | isolation   |
|                                                | imagination |
|                                                | games       |
|                                                | brains      |
|                                                | NHS         |
|                                                | success     |

Tip! If you get stuck use a poetry trick of repeating words, for example 'Lock down lock down' eg lock down lock down we are in **lock down**, lock down lock down we can't go to **town**, lock down lock down means **isolation**, lock down lock down but I have **imagination**...

## Your 'Lock Down Write Up' rhyming poem

Pick pairs of rhyming words/rhyming couplets that you like (use the Lock Down mind map to help you) and write them in the rhyme boxes below. Once done come up with the best sentences you can! Use describing words to help create some great poetry!

|  |  |
|--|--|
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

This poem was written by .....

Bonus tasks. To make your poem stand out can you: Perform it aloud? Add beatboxing/actions? Audio record it? Draw pictures/posters? Make a video?